



Graham Howard
CONSULTING

First Aid

LEVEL 3 AWARD IN FIRST AID AT WORK (RQF)

The objective of this course is to support delegates in becoming first aiders in the workplace. The content of the course meets the HSE criteria for training first-aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs risk assessment.

This course covers knowledge such as:

- The roles and responsibilities of the first aider.
- How to assess an incident and recognise the signs and symptoms of injury and illness.
- First aid skills in CPR and use of an AED.
- Assisting a casualty who is suffering from major injury and illness such as chest injuries, spinal injuries and anaphylaxis.

Commensurate with the guidance provided by the HSE, this qualification approves work place first aiders for a period of 3 years, after which, delegates will need to retake a requalification course (2 days) prior to the expiry of their certificate. Should the current certificate expire, then the delegate will need to retake the whole three day course. In addition to this, it is recommended that learners refresh their knowledge annually.

For more information contact:

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