



# In – House Training

## CONTROL of SUBSTANCES HAZARDOUS to HEALTH

This Control of Substances Hazardous to Health course provides appropriate training for all levels of employees who work, or may come into contact with, hazardous substances in their workplace. All employees must have the necessary knowledge to be competent and conduct their job role correctly. This includes, but is not limited to, people who work in professions such as:

- Engineering.
- Woodworking
- Welding
- Vehicle repair and spraying
- Catering and baking
- Cleaning
- Beauty and hairdressing
- Offshore oil and gas
- Printing
- Agriculture.
- and any other profession where contact with substances is inevitable.

### Course content:

Hazardous substances can affect anyone within the workplace, not just those who handle them regularly. This training intervention is designed to give employees knowledge of the health risks surrounding work with hazardous substances and includes instruction on how to conduct a COSHH assessment through the identification of the risks and the control measures required, and ensure that your employees understand how to work safely with hazardous substances. The intervention includes:

### An introduction to COSHH

What is a substance hazardous to health and where do they exist? Common hazardous substances, ill-health, Health and Safety Executive statistics and benefits of COSHH.

### COSHH Legal Regulations

The Control of Substances Hazardous to Health Regulations 2002, regulation, The Health and Safety at work Act 1974, ACoPs and guidance notes, enforcement of the law, employer and employee responsibilities.

## **Problems to Health From Hazardous Substances**

Common health hazards, the occupations most at risk, routes of entry, dermatitis, asthma, what to do if you develop symptoms and RIDDOR.

## **Identifying Hazardous Substances**

Chemical labelling, safety data sheets, flammable substances, liquids, dusts and gases, asthma-causing substances, asbestos and lead.

## **COSHH Risk Assessment and Control Measures**

Identifying the hazards, deciding who might be harmed and how, evaluating the risks, substance substitution, principles of good control practice, hierarchy of control measures, work processes and equipment, personal protective equipment, safe systems of work and the provision of first aid.

## **Monitoring the Assessment and Health Surveillance**

Recording your findings, reviewing and updating the assessment, monitoring the assessment, health surveillance and Workplace Exposure Limits.

## **Course Aims:**

On completion of this training course delegates will:

- Know how to identify hazardous substances in the workplace.
- Understand the ill-health effects that hazardous substances can cause.
- Understand COSHH legal regulations, including the responsibilities of employers and employees.
- Know what to consider for a COSHH risk assessment.
- Understand the importance of health surveillance for employees who work with hazardous substances.

## **Course duration: 4 Hours**

## **Assessment:**

Delegates will be assessed on their competence by the completion of a multiple choice examination where a score of 80% is required to achieve a pass.

For more information contact:

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