



Graham Howard
CONSULTING

First Aid

LEVEL 3 AWARD IN EMERGENCY FIRST AID AT WORK (RQF)

The aim of this qualification is to support delegates in becoming emergency first aiders in the workplace. The content of the course meets the HSE requirements for training emergency first-aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs risk assessment.

This course covers knowledge such as:

- The roles and responsibilities of the first aider.
- How to assess an incident. Recognising signs and symptoms of injury and illness.
- First aid skills in Cardiopulmonary Resuscitation and the use of an Automatic Emergency Defibrillator.
- Providing first aid assistance to a casualty who is choking.
- Dealing with external bleeding and hypovolemic shock.

Commensurate with the guidance issued by the HSE, this qualification approves work place first aiders for a period of 3 years, after which delegates will need to retake the course. In addition to this, it is recommended that delegates refresh their knowledge annually.

For more information contact:

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