



# Health and Safety

## Level 3 Award in Health and Safety within the Workplace (RQF)

This regulated and nationally recognised qualification is designed to help Learners develop a more advanced knowledge and understanding of health and safety in the workplace. The Level 3 Award in Health and Safety in the Workplace (RQF) is ideal for those who are aspiring to, or are presently working at a supervisory or management level and wish to enhance their health and safety knowledge.

During this course, Learners will cover a range of health and safety topics, including:

- Understanding the requirements for health.
- Safety and welfare in the workplace.
- Legal requirements
- The benefits of using a health and safety system.
- Understanding the risks and control methods for common workplace hazards.

### How long will it take me to achieve this qualification?

The total qualification time (TQT) for this qualification is 30 hours and of this 21 hours is recommended as guided learning (GL).

### How is the qualification assessed?

This qualification is assessed by a multiple choice question Paper (Theory Assessment) and continuous formative assessment conducted throughout the course.

### Who is this qualification for?

This qualification is aimed at learners already working in the capacity of supervisor, manager or team leader and also those who are preparing to start work at this level.

For more information contact:

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