



Health and Safety

Level 1 Award in Health and Safety within the Workplace (RQF)

This qualification has been developed to provide an introduction to the basics of health and safety awareness in the workplace. Course content has been written to meet accepted guidelines and delivery will be tailored to the needs of the employer.

The qualification provides learners with an understanding of:

- Key, health and safety terminology.
- Responsibilities of employees.
- Common workplace hazards and risks.
- Workplace requirements.
- Accident reporting.
- The provision of first aid in the workplace.
- Personal Protective Equipment.
- Personal hygiene.

The qualification can be taken as a stand-alone or as part of a wider programme of training, it is suitable for learners aged 16+ and has one mandatory unit to complete.

How long will it take me to achieve this qualification?

This qualification is achieved through Graham Howard Consulting by taking a one-day classroom-based course.

How is the qualification assessed?

It is assessed by a multiple-choice examination, where the learner must answer at least 12 out of 20 questions correctly. The examination will take a maximum of 45 minutes to complete.

What next?

Learners successfully completing this qualification may wish to progress onto further qualifications, such as:

- The Level 2 Award in Risk Assessment
- The Level 3 Award in Health and Safety in the Workplace

For more information contact:

Graham Howard Consulting at Email – info@grahamhowardconsulting.co.uk

Mobile 07855 349419