



In-House Courses

Safe Use of Ladders

Falls from ladders are one of the leading causes of occupational injuries. The intent of this Ladder safety course is to serve as a reference for employers and employees in the safe use of ladders in the workplace. This training highlights best practices for setting up and using ladders safely and is designed to help employers and employees do their jobs safely and comply with the Health and Safety at Work Etc. Act 1974 and the relevant subservient regulations.

The most recent accident statistics suggest that the working men and women in industry abuse and misuse ladders in their workplace as a rule rather than an exception. These accidents can be avoided. The fact is a ladder is one of the simplest most easy-to-use tools in the workplace. Under the provisions of the Provision and Use of Work Equipment Regulations employers must provide a training program to reach employees using ladders. This training must enable each employee to recognise hazards related to the use of ladders and must be conducted by a **competent person**.

Most ladder accidents are the result of careless or improper ladder usage, making a well-designed and well-taught ladder safety program well worth the effort. The GHC half day ladder course has been designed to meet the current requirement and is a must for all personnel using portable ladders in the workplace and covers a wide range of topics including but not limited to:

- Ladder Safety.
- The anatomy of a Fall.
- Ladders and Electricity.
- Portable Ladder Construction.
- Different construction materials for Portable ladders.
- The different Classes of Portable Ladders.
- Straight Ladders.
- Extension Ladders.
- Step ladders.
- Erecting a ladder for use.
- The Four Up One Out Rule.

For more information contact:

Graham Howard Consulting at Email – info@grahamhowardconsulting.co.uk

Mobile 07855 349419